

# CANADA DAY in Miltonvale Park

Tuesday, July 1, 2025 11:30 p.m. - 2:30 p.m.  
at the Miltonvale Community Park (413 Sleepy Hollow Road)

Rural Municipality of Miltonvale Park Newsletter

June 25, 2025



## Schedule for Canada Day

11:30 a.m.

Cornwall & Area

Watershed Group -with free  
white spruce and white pine  
(one/household) and  
wildflower seed packages-\$5.

North River Fire Dept. ~ Be Fire Smart

Bouncy Castle

Face Painting

Entertainment by

John MacAllar,  
Denis Larocque  
& Bryson Guptill



12 noon

Free Barbeque

Hot Dogs, Hamburgers,  
Baked Potatoes, Beverages



12:30 p.m.

Opening Ceremony – O Canada  
Presentation of Volunteer Award and  
Good Neighbour Award

Followed by

Canada Day Cake and Ice Cream



RURAL MUNICIPALITY OF MILTONVALE PARK

# CANADA DAY

TUESDAY, JULY 1, 2025

## FOOD, MUSIC & GAMES

Join us on Canada Day for a BBQ, music,  
face painting, bouncy castle, games,  
displays, and the Volunteer and Good  
Neighbour Awards.

11:30 a.m. - 2:30 p.m.

Miltonvale Community Park

413 Sleepy Hollow Rd, Milton Station  
Rain location: Milton Community Hall

Funded by the Government of Canada  
Financé par le gouvernement du Canada

Canada

FREE

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Financé par le gouvernement du Canada

Canada

*Fête du Canada au parc le 1er juillet à 11h30*

**Everyone is welcome! FREE! Wear Red & White**

Rain location – Milton Community Hall, 7 New Glasgow Road-Re 224, North Milton

Call 902 368-3090 (council) 902-566-3154 (hall) or 902-368-7587 (park) or check

Facebook or [www.miltonvalepark.com](http://www.miltonvalepark.com) to confirm the location.

*The park will close after the Canada Day Celebrations.*



# Miltonvale Community Park

## Park Supervision:

Full-time supervised hours will begin Wednesday, July 3, at the park at 413 Sleepy Hollow Road. The park will be staffed from 9-6 Mon.-Fri. for a free drop-in day program for school-age children. Weekend hours are 12-4 on Saturdays and Sundays.

Park staff will not be supervising children during their lunch breaks during the weekdays from 12-12:30 p.m. Park hours may change (e.g. illness) and will be posted on Facebook and on [www.miltonvalepark.com](http://www.miltonvalepark.com). The phone number at the park is 902 - 368-7587. Please confirm that the park is supervised before children (aged 6-12) arrive at the park at [miltonvalepark.staff@gmail.com](mailto:miltonvalepark.staff@gmail.com) or by phone. Pre-school children should always be supervised by their caregivers at the park, as the park students are not responsible for their safety. The park is open for use until dusk daily. The last day for park supervision is expected to be Aug. 29.

The students, Zach, Jason, and Sadie are planning special events on Fridays, weather permitting:

July 4 -Lego Day  
July 18- Tie Dye Day  
August 1 -Scavenger Hunt Day  
August 15 -School Yard Games  
August 22 -Board Games/Puzzles/Card Day



There will be some special event weeks, with activities happening each day:

July 7-11 - Sports Week  
July 21-25 - Crafts Week  
August 4-8 -Splash Week



The park features playground equipment, swings, slides, play equipment designed for young people, two accessible swings, and a Swirl musical toy. The park also offers a tennis/pickleball court, a basketball court, and a recreational field used for soccer and cricket. Additional amenities include a small community garden, a softball field, a 600- children meter walking trail, and a dog park. There are plenty of picnic tables throughout the park, as well as three disk golf baskets. This year the municipality plans to improve the park with the installation of a heat pump, lighting in the parking lot and paving the walking trail.

## Park Community Garden

The lower level of the garden at the park has been planted by individuals. The upper section is being planted by park staff and can be harvested by park users when it is ready. These rows will be marked. Please respect the private areas. The fruit from the trees at the park can be picked by anyone.



**Please no littering or smoking at the park!**



**The park is closed from dusk to dawn.**

## Washrooms

The park shelter has a bathroom with an outdoor entrance, located at the rear of the shelter, and open for park go-ers to use at any time. Please close the door tightly after you leave the washroom. If unwanted issues arise, the 24/7 washroom may have to be locked when park staff are not working, so we ask for the cooperation of all park users. There is also a washroom inside the park shelter.

## Ballfield Schedule:

Charlottetown Minor Ball has booked the ballfield Mondays - Fridays from 6 – 8:30 p.m. and Saturdays from 9 a.m. - 12 p.m. The ballfield is available to use any other time on a first come, first served basis.

## Pickleball/Tennis

The Miltonvale Pickleball folks are at the Community Park for open play:

- Sunday afternoons - 1-3 p.m.
- Monday evenings - 6-8 p.m.
- Tuesday mornings 9 a.m.-12 p.m.
- Wednesday evenings 6-8 p.m.
- Thursday mornings 9 a.m.-12 p.m.
- Fridays evenings 6-8 p.m.
- Saturday mornings 9 a.m.-12 p.m.



Drop-in for \$3 (plus membership in Pickleball Canada) or join the season for \$30.

*Times may change, if necessary.* Players can bring their own water, chair, bug spray, and sanitizer. Contact Ernie at [colesernie@bellaliant.net](mailto:colesernie@bellaliant.net) or

[miltonvalepickleballclub@gmail.com](mailto:miltonvalepickleballclub@gmail.com) for more information.

When Pickleball is not scheduled, the tennis court is available for use on a first come, first serve basis. There is also equipment available at the park if you would like to try out the game. Miltonvale Park residents have priority use for the basketball court. Please be respectful of people waiting to play.

## Dog Park

There is a dog park at the Miltonvale Community Park. Your dog's safety is your responsibility.

- **Dogs should be leashed if they are outside the fenced dog park area.**
- **Supervision:** Keep your dog in your sight at ALL times. Monitor his or her behaviour.
- **ALL leashes must be off inside the dog park.** This is for the safety of all dog park users. Keep your leash nearby, in case you need to collect your dog in an emergency.
- **Thank you** for scooping up after your pooches in the park



ParticipACTION's Community Challenge finishes on **June 30**. There is still time to take part and help Miltonvale Park win the top prize for PEI and \$15,000 for sport/recreation funding! As of June 24, we are leading for PEI! Follow along on the [leaderboard!](#)

- Virtual walk to Mt. Milton BC
- Move More than the Mayor
- Help plant the community garden

**VERY IMPORTANT!** Sign up as an individual to support the Rural Municipality of Miltonvale Park here

<https://www.participaction.com/individual-pledge/>

Use a Miltonvale Park postal code - such as C1E 0S7 (If you get your mail at Winsloe, and use C1E 1Z2 – you will be counted as Charlottetown). There is **no further tracking or reporting required** from ParticipACTION). You do have to agree to receive their emails, but can unsubscribe later if you do not find them valuable.

- **Help us track** your activities by completing tracking your activity to participate in the virtual walk or the Move More than the Mayor Challenge –**Start now** and fill it in for the month so far!
- If you've been doing lots of activities/sports and not sure how to track, you can email [miltonvalepark.staff@gmail.com](mailto:miltonvalepark.staff@gmail.com).

**Virtual Walk to Mount Milton, BC** – Come together as a community and see if we can reach Mt. Milton, BC. This mountain's summit is 5270 km away. This walk will take us across the Canadian provinces and on top of this beautiful snowy mountain. Track how many steps you take (or if you measure your activity a different way, you can track that too!). Submit your activity regularly to Zach at this link <https://forms.gle/rQLfevkzQC5cqLVG7> or email [miltonvalepark.staff@gmail.com](mailto:miltonvalepark.staff@gmail.com) or on the ParticipACTION page on the News and Events page on [MiltonvalePark.com](http://MiltonvalePark.com). The last report had us in Quebec, but if folks can check their pedometers/ smart phones and send in steps, or you can also report activities – e.g. June 1-20 - 8 hours gardening, 4 hours push mower, 5 hours exercise classes... that might help us get to BC!

**Walk More than the Mayor**– Mayor Hal loves to get out and walk, especially with his dog, Milton. See if you can outwalk them this June. Progress is tracked at the same link for the virtual walk.

The ParticipACTION Community Challenge is presented by Novo Nordisk. This project is funded in part by the Government of Canada.



**Don't Miss Events** - Sign up at for regular (weekly-ish) emails from the municipality at [admin@miltonvalepark.com!](mailto:admin@miltonvalepark.com)

## Faces in the Community!

**Zachary Addison** is the assistant to the CAO and is overseeing the Park this summer. Zach, who is a Co-op Business student at UPEI, worked in a similar position last summer, home in NB. Zach is the grandson of Doris MacKenzie (North Milton) and has lots of family in Miltonvale Park! He has been at the Council office since



May, organizing the ParticipACTION Community Challenge and the Car Show, and will be splitting his time between the office and the Park this summer. *Post Secondary Student Program*



**Jason Blaisdell** lives on the Royalty Road and enjoys basketball, sports, chess, and cooking. He worked at the park last summer and is excited to be back this summer, as a new graduate of Colonel Gray High. His position is funded by *Canada*

*Summer Jobs*



**Sadie Rollins** is new to the park this summer. She is a high school senior at Bluefield High and is also a Miltonvale Park resident. Sadie has volunteered for three years with Trail Blazers at Handibear Hills Horse Sanctuary. Sadie has around 100 pet fish and three

fish tanks. She did gymnastics and horseback riding as a kid. Sadie hopes to be an accountant. Welcome, Sadie!



**Prince Dwamena Kissi** is a Construction Tech. student at Holland College, and working at the Milton Community Hall this summer. Prince is a graphic designer and a published author. He will be coordinating events at the hall with Elesea.

## Milton Community Hall Summer Manager



**Elesea Glenn** is working as the Manager of the Milton Community Hall again this summer and just graduated from McMaster University. She will be organizing events at the hall along with helping Peggy put on MVP project events throughout the summer.

## ARCH Outreach Coordinator



**Antoinette** is working for ARCH as the outreach coordinator. Antoinette. This position is funded through the Post Secondary Student Program and helps rural community halls across PEI. She can be reached at 902-566-3154 or [peihalls@gmail.com](mailto:peihalls@gmail.com) [www.archpei.com](http://www.archpei.com)



**Ryan Ritskes** is coordinating the Community Garden for the municipality this year, and lending a hand whenever he can! Ryan and his spouse, Jill, who is a midwife, have called Miltonvale Park home the last two years.



**Development Officer Mirko Terrazas** has office hours from 10-2 on Tuesdays, although he is often here 9-4. He also works for the Rural Municipalities of West River and Kingston. Mirko is from Bolivia, and has a background in agriculture

(tobacco) and business development. Mirko can be reached through the Council office 902-368-3090 or [develop@miltonvalepark.com](mailto:develop@miltonvalepark.com) For more information visit <https://miltonvalepark.com/category/planning/>



**CAO** - Shari MacDonald has worked for Miltonvale Park since 2007. She is also involved with the Milton Community Hall, North Milton WI, Wheatley River 4-H Club, and the Association of Rural Community Halls-PEI. [admin@miltonvalepark.com](mailto:admin@miltonvalepark.com)

**REBATES**

Reminder that April 1 was the beginning of a new fiscal year – so residents can apply again for a **child bursary (maximum \$75)** for summer programs or activities. **Rebates** are available for HE (high efficiency) washers,



low flow toilets & showerheads.

<https://miltonvalepark.com/for-residents/rebates-forms/>

**Rhubarb**

The Milton Community Hall has rhubarb for sale. \$3/lb (or \$2.50/lb for larger orders). Thanks to Nanne Garnham for her donation of rhubarb. To order, call ahead - 902-566-3154 or email [miltoncommunityhall@gmail.com](mailto:miltoncommunityhall@gmail.com)

**COMMUNITY GARDEN** – Thanks to the hard work of **Ryan Ritskes**, the Community Garden across from the hall is growing well.

The Community Garden has **drop-in sessions every Tuesday at 10:00 a.m.**, where people are welcome to lend a hand in the garden. The Garden Club also holds a more structured meeting on the **second Tuesday of each month**, with each session offering something new. You can learn about gardening, get hands-on experience, or perhaps taste a treat made with fresh produce from the garden.

If you'd like to lend a hand or have any questions, contact Ryan at [gardenatmvp@gmail.com](mailto:gardenatmvp@gmail.com) or 902-368-3090.



Extra produce will be available for free to Miltonvale Park residents, as available, in coolers at the Milton Community Hall and Sleepy Hollow Rd mini-home park.

A heartfelt thank-you goes out to the **family of the late Robert Hooper**, who generously allowed the municipality to use their field for the garden.

If you have any **extra plants or seeds**, or **large planter pots** Ryan would be happy to put them to good use in the garden! We currently have some tomato plants potted for MvP seniors to have on their decks. If you would like one, contact the council office. We also hope to have fresh greens in a pot for seniors later, too.

The municipality is also establishing a natural park at the new Strathrae Subdivision in Sleepy Hollow.

**Council & Planning Board Meetings**

The regular Council meeting time is 7:00 p.m. on the third Wednesday of each month, although they meet only if necessary. over the summer. The Planning Board meets on the first Thursday of each month at 7 p.m., if necessary. Meetings are usually on the 2<sup>nd</sup> floor of the Milton Community Hall. Please RSVP to the Council office at [admin@miltonvalepark.com](mailto:admin@miltonvalepark.com). The public is welcome to attend; however, these meetings are of council, and are held in public, but if residents wish to speak, they must notify the Council office a week in advance, and be put on the agenda.

**Municipal Councillors**

- Mayor Hal Parker** -[halrmmvp@gmail.com](mailto:halrmmvp@gmail.com)
- Member of all committees, Planning Board Chair -
- Paul Poole** – [paulrmmvp@gmail.com](mailto:paulrmmvp@gmail.com) Deputy Mayor, Planning Board Chair and EMO Chair –
- Rose Ramsay** – [roserrmmvp@gmail.com](mailto:roserrmmvp@gmail.com) Chair of Finance & Vice Chair - Env. & Community Living
- Spencer MacDonald** [spencerrmmvp@gmail.com](mailto:spencerrmmvp@gmail.com) – Vice Chair -Finance; Member-Planning Bd & EMO
- Andrew Frizzell** –[andrewrmmvp@gmail.com](mailto:andrewrmmvp@gmail.com) Chair- Personnel
- Leo Doucette** -[leodoucettermmvp@gmail.com](mailto:leodoucettermmvp@gmail.com) Vice Chair EMO; Member Planning Board, Env. & Com. Living, Personnel and EMO
- Jamie Taylor -Environmental and Community Living Chair & Member – Personnel & Planning,
- Planning Board Members** – Residents Bob Peake and Zach Stephens

## CONTACT US – Council Office

**Office Hours - CAO Shari MacDonald:**

Monday: 10 a.m. - 5 p.m.; Tuesday: 1 p.m. - 6:30 p.m.

Wednesday: 9 a.m. - 5 p.m.; Friday: 10 a.m. - 12 p.m.

902 368-3090 [admin@miltonvalepark.com](mailto:admin@miltonvalepark.com)

**Development Office Hours -Mirko Terrazas:** Regular office hours -Tuesdays 10 a.m. - 2 p.m. Contact the office at 902-368-3090 to set up an appointment or email [develop@miltonvalepark.com](mailto:develop@miltonvalepark.com)

The Council Office is located at the Milton Community Hall at the corner of Rte. 2 & Rte. 7. The address is 7B New Glasgow Road – Rte. 224, North Milton PE C1E 0S7. 902-368-3090. [www.miltonvalepark.com](http://www.miltonvalepark.com).

## Buzz Off!

The community treats streams for black flies near the Loyalist Road and Crabbe Road. In the Crabbe Road area, individual residents are asked to reimburse the municipality \$30/household for mosquito control. Residents in the area had been collecting for both mosquito and black fly control prior to Council deciding to pay for the black fly portion. Rachel Sentner will be coordinating door-to-door collection in the area or residents can e-transfer \$30 to [admin@miltonvalepark.com](mailto:admin@miltonvalepark.com). Thank you for your cooperation!



## THANK YOU SPRUCE GROVE!



The municipality is very grateful to Spruce Grove Landscaping for planting and caring for our community flowerbeds, in Miltonvale Park.

<https://sprucegrovelandscaping.com/>

## Help the Hall....

Cleaned refillable cans and bottles can be dropped at the hall or at the home of Gail Ling (597 Rustico Road) and she will sort and return them for you and donate the money to the Hall.



## Official Plan and Bylaws

Residents are reminded to check with the Council Office, or Development Officer, or the Bylaws to determine if development permits are required for

activities/development on your properties. For instance, tourist establishments, changes of use, swimming pools, along with additions and new builds generally require permits. The [Development Bylaw](#) is online on the Planning Section of [miltonvalepark.com](http://miltonvalepark.com). For construction, many developments also require a Building Permit. These are issued by the Province and ensure buildings meet the National Building Code.

A popular summer item is swimming pools. The bylaws define a **Swimming Pool** as any outdoor Structure, basin, chamber, or tank used or which may be used for swimming, diving, or recreational bathing and having a depth of 0.60 m (1.96 ft) or more at any point or with a surface area exceeding 10 m<sup>2</sup> (107.64 ft<sup>2</sup>).

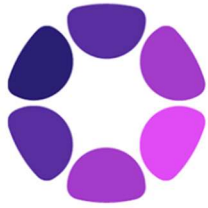
### 4.31.1. SWIMMING POOLS

1. A Swimming Pool shall be permitted in the MHP, RS1, R1, A1 and O1 Zones subject to the following conditions:

- a) a Development Permit has been issued for the Swimming Pool;
- b) a 1.8 m. (6 ft.) high Fence fully encloses the Swimming Pool and is constructed in such a manner so as to impede unauthorized Persons from entering over or under said Fence;
- c) any gate on such Fence is self-closing and self-latching to prevent its opening from outside the fenced area;
- d) notwithstanding clause 4.31(1)(b), the Development Officer may allow one or more Buildings to take the place of a portion of the Fence so long as the Swimming Pool is fully enclosed by the Fence and Building(s);
- e) The Owner shall satisfy any other conditions related to the Maintenance and safety of the Swimming Pool; and
- f) The Swimming Pool shall not be located in a Yard that abuts a Highway.

A development application for a pool costs \$50.

Thanks to all who made blankets during **Family Violence Prevention Week** in May to be donated to transitional housing -and to Linda Sullivan who cut every fringe on the knotted blankets!



# Alliance for Mental Well-Being

## Milton Community Hall's MVP -Most Valuable People Project

Coordinator Peggy Chen is in the final year of this three-year project which has seen hundreds of events to build resiliency and community engagement.

The goal is to teach life skills, build community, and bring joy to the people who are served

by the Milton Community Hall. Peggy has planned a variety of events including dancing and exercise classes, music, ukulele classes, self-defense, babysitting, electric cars, dog training, home repair courses, a community potluck, stylish living classes, and more!

Sign up for emails about project activities or contact Peggy with suggestions for activities or how you can become involved. [MiltonMVPs@gmail.com](mailto:MiltonMVPs@gmail.com).



## EMERGENCY PLANNING INFO

**Generators** – The North River Fire Department donated six portable generators to the municipality. If you might be interested in using a generator in an emergency situation or storing and maintaining a generator in your area of Miltonvale Park, please contact the council office.

**Warming Center** – The Milton Community Hall is an approved municipal warming center. The municipality upgraded the generator in 2025, and purchased an air purifier, a commercial fridge and freezer, and signage, with support from the Province.

**Cooling Center** - In a heat wave, the hall has air conditioning and can often be available for folks to hang out in a cool spot, if it is not previously booked. Check the calendar online or call 902-566-3154.

## Fathers of Confederation Car Show

Thanks to CMP, North Rustico Food Market, Direct NutriSciences, J.E. Matheson Construction, Thomson Septic, Parker Realty, PLP Enterprises, and all those involved in the Car Show on Father's Day Weekend.

\$2500 was raised for the Upper Room Hospitality Ministry's Food Bank.

**Best in Show** -sponsored by Shaw's Towing was won by Ian McMurrer (# 51) 1969 Chevrolet C-10 pickup

**People's Choice** -sponsored by MacKinnon Bros. Service Centre went to Landon Newman (#8) Kids race car, 2002 Junior Dragster

**Special Thanks to J.E. Matheson Construction who sponsored the following awards:**

**Best Mopar** -Gary McLaine #51 - 1969 Plymouth Barracuda Formula S340 CID 4 speed

**Best Ford** -Steve Thompson #5 - Comet S22 1963

**Best GM** -Tony Gauthier #54 -69 Chevelle

**Best Import** -Marie Gamage -#35 - 1991Power Mini Cooper 131

**Best Tractor** - Darren MacArthur #42 -1948 - FarmALL Tractor

**Best Engine** - Seymour DesRoches #68 - 1961 Pontiac

**Best Interior** -Carl Toombs - #43 - 1931 Ford Model A

**Best Paint**-Gary McLaine #51 - 1969 Plymouth Barracuda

**Best Truck** -sponsored by Shaw's Towing - Errol Rafuse -#27, 1979 Dodge Little Red Express

**Best Pre 60s** -sponsored by MacKinnon Bros. Service Centre - Ernest Arsenault - #57, 1956 Chevrolet

**Best Survivor** - sponsored by Frizzell's Auto Body - Peter Robinson #23, 1954 DeSoto Power Master

Photos will be posted soon on News and Events section of the municipal [website](#).



Look for "Rural Municipality of Miltonvale Park" "Milton Community Hall" or join the "Miltonvale Park Residents" group to keep up-to-date on events. The Hall and municipality also have X accounts, but aren't as active there

## Events Calendar

Events held at Milton Community Hall unless noted.

**Sign up** for regular (approx. weekly) emails from the municipality listing events and reminders by emailing [admin@miltonvalepark.com](mailto:admin@miltonvalepark.com).

### Weekly Events:

**“Flat” exercise class – Mondays & Fridays at 9 a.m.** Work out with others to an exercise class on the big screen. Cost – \$1. No need to register – drop in!

**Coffee Club – Mondays and Fridays at 10 a.m.**  
Open to all – Admission by donation of treats or coin.

**Mindfulness on the Mat – Yoga on the Mat with Leone – TUESDAYS 8:45 mat yoga ~ and 10:15 am for Yoga on the Chair. FRIDAYS (upstairs)-mat -7:55 and chair 9:10 a.m.**

- Tuesday classes are hosted by Miltonvale Park and cost \$10 for Miltonvale Park residents, \$12 for others (Drop-in) on Tuesdays.
- Contact [LightLivingWithLeone@gmail.com](mailto:LightLivingWithLeone@gmail.com) for information on Friday classes, which have a \$13 drop-in fee or are also priced for a series of classes.

**Community Garden Work Times** – Join Ryan in the community garden (opposite the Milton Community Hall) on **Tuesday mornings at 10 a.m.**

**TOPS (Take Off Pounds Sensibly)** meet at the Hall on **Tuesdays at 6:00 p.m.** For more information contact Joyce at 902-368-2055.

**THURSDAYS -Thursdays in June at 6:30** – Join the members of the North Milton WI on a **beach walk in North Rustico**. Meet at the parking lot just past the toll booth to the National Park that you reach going past the Watermark Theatre on Church Hill Street (by Rollings Pond). Weather permitting! Followed by an ice cream treat! ParticipACTION

**NEW TIME!! Weekly card parties** – Come play Auction on **Thursdays, at 7:00 p.m.** Admission -\$4.

**Sunday Night Movies** – Most Sunday evenings at **6:30**. Free for Miltonvale Park residents and by donation for others.

**WEDNESDAYS – (To be confirmed) Chair Step Dance**– Sit down and tap your toes with Olivia Blacquiére on **Wednesdays 9 a.m.** at Milton Community Hall. The Milton MVPs project may continue the ParticipACTION chair step classes. Contact [MiltonMVPs@gmail.com](mailto:MiltonMVPs@gmail.com) for details or if you are interested in this fun class.

**Zumba – with Natalia – Wednesday, June 25 at 5:30 pm** is the last weekly Zumba fitness classes for the summer; \$2 for residents, \$5 for non-residents. Wear red and white to celebrate Canada Day. There will be a Zumba dance party on Wednesday, July 30.

**NEW SERIES! STARTS WEDNESDAY!** A six-week **Journey to Better Sleep** with Carol Richard, a sleep coach, founder of the Sleep Success Academy, and the Better Sleep Community. Classes are on **Wednesdays, June 25, July 2, 9, 16, 23, and 30 from 6:00 to 8:00 p.m.** The cost for the series is \$10 for Miltonvale Park residents and \$20 for others, if space is available. Prepayment is required. \$5 per class for drop-ins. For more details, please contact Peggy at [MiltonMVPs@gmail.com](mailto:MiltonMVPs@gmail.com).

### Special Events:

**Waltz Class - Fridays at 5 p.m. June 27** at the Milton Community Hall with Jack and Susan Lessard from the Ballroom Barn. The classes to date have been quite small - so this is a great opportunity to get some pointers! *ParticipACTION*.

**Hip Hop Dance Class** - Reequal Smith, Artistic Director from Oshun Dance Studios, will teach Hip Hop on **Friday, June 27 at 6:30 p.m.** All ages welcome – at the Milton Community Hall. **FREE.** ParticipACTION

**Monday, June 30** is the deadline for the Milton Community Hall’s next 50-50 draw – Drop by the hall to buy tickets or e-transfer (\$3 each or 2/\$5) to [Miltoncommunityall@gmail.com](mailto:Miltoncommunityall@gmail.com). License number 17179. The June 16th winner was Miriam Hooper, who won \$176.50. Deadline to buy tickets is midnight on the 15th and final day of each month. You can also prepurchase tickets, so you won’t miss a draw!

**Sunday Movie - June 29 at 6:30 - Top Gun**

**Canada Day** – Celebrate Canada Day (**Tuesday, July 1**) with Miltonvale Park at the **Community Park at 413 Sleepy Hollow Road** in Milton Station from **11:30 -2:30**. (*Rain location- Milton Community Hall*) The BBQ starts at 12 noon. Canada Day cake, live music with Bryson Guptill, John MacAllar and Denis Larocque, face painting, bouncy castle, FireSmart display with the North River Fire Dept. and a display with CAWG and games from. Funded in part by the Government of Canada through the Celebrate Canada Program. The Rock Painting Tent, which helps Milton, the community rock snake grow, will be hosted by the Milton Most Valuable People Project again this year from 12:00 to 2:00 p.m. All supplies are provided. If you would like to volunteer at Canada Day, please contact Shari at [admin@Miltonvalepark.com](mailto:admin@Miltonvalepark.com).

### **Sunday Movie- July 6, 6:30 - Top Gun: Maverick**

**Sweet Tooth Toonie Bingo** will be held on **Mondays in July**, except July 14 (**July 7, 21, and 28**) from **5:30 to 6:30 p.m.** Bring a toonie to get two bingo cards and win prizes ranging from a pack of rolls to a pie! We'd like to support local businesses. If you have a local bakery, chocolate shop, or anything else related to sweets, please contact [MiltonMVPs@gmail.com](mailto:MiltonMVPs@gmail.com)

**Garden Club** – meets the 2nd Tuesday of every month, with the next meeting on **July 8 at 6 p.m.** **Everyone welcome!** – They also have a private Facebook group. If you are interested in taking part in the community garden (e.g. helping, having a plot), please contact Ryan at 902-368-3090 or [Gardenatmvp@gmail.com](mailto:Gardenatmvp@gmail.com) This has been funded by the Government of Canada's New Horizons for Seniors Program. The municipality has some patio pots of **tomatoes** planted for Miltonvale Park seniors. If you would like one, please contact the Council office at 902-368-3090 or [admin@miltonvalepark.com](mailto:admin@miltonvalepark.com).

### **Thursdays - starting July 10 at 5 p.m. Puppets, PJs, & Joyful Jams!**

Join us for a cozy and creative music experience designed for little ones ages 0–8! In your favorite pajamas, we'll sing original songs, dance with puppets, play instruments, and practice mindful breathing — all in a fun, relaxed environment. It's a wonderful way to have fun, make music, and

connect before heading home to brush teeth, and tuck in your little ones who'll be all ready for bed!

Come as you are or change into your favorite PJs at Milton Community Hall on **Thursdays in July from 5:00–6:00 pm**. Perfect for children and their grown-ups to connect, move, and make joyful memories together.

Come ready to wiggle, giggle, and jam! The classes are funded by the PEI Alliance for Mental Well-Being and cost \$10 for Miltonvale Park residents, \$20 for others, for the series and \$8 per class for Drop-ins, if space is available. Please RSVP to Peggy at [MiltonMVPs@gmail.com](mailto:MiltonMVPs@gmail.com) by June 30

**“Racism- What Can I Do?”** workshop -**Saturday, July 12 at 6 p.m.** Join us at 5:30 for a light supper as part of this free workshop. Learn about racism on PEI. Participants can work with local actors, including Trilby Jeeves, to practice responses which can be used when people find themselves in any uncomfortable situations. Help yourself become braver! Register at 902-566-3154 or [miltoncommunityhall@gmail.com](mailto:miltoncommunityhall@gmail.com). Funded by the *Anti-Racism Table*.

**Wild Foods of PEI Book Launch and Mushroom Presentation - Monday, July 14 from 5:30-7:30 -** Don't miss this great opportunity to meet Kate MacQuarrie, an award-winning biologist and naturalist with more than 30 years of experience eating wild foods, tracking wild animals, and interpreting the stories this land tells. We are hosting a book launch event for Kate's new book, *Wild Foods of Prince Edward Island*, on Wednesday, July 14, from 5:30 to 7:30 p.m. Everyone is invited to attend the book launch, which includes a book sale and signing, a presentation about the featured plants, and local plant and fungi identification from Kate. There will also be a mushroom Q&A with a special guest, local mushroom expert Ken Sanderson. Funded by the PEI Alliance for Mental Well-Being. Admission is free and refreshments will be served. Space is limited and Miltonvale Park residents have priority booking. Please RSVP to Peggy at [MiltonMVPs@gmail.com](mailto:MiltonMVPs@gmail.com) by Sunday, July 11. If people have mushrooms they are curious about, they can bring in specimens (preferred) or photos for ID

**Monday, July 21 at 8 p.m.** The Cornwall and Area Watershed Group is hosting a **Bass Fishing Derby**

Fundraiser! Join in for some friendly competition and a chance to win a prize for the biggest catch of the night. The cost to register is \$15. All proceeds will go towards the stewardship of the North River. Advance registration is recommended. Visit [www.cawgpei.com/get-involved](http://www.cawgpei.com/get-involved) for details. Monday, July 21st from 8:00 - 11:00 pm at the North River Causeway.

**Tuesday, July 22-1 p.m. - Cooking for One or Two** with Margaret Prouse. Funded in part by the Government of Canada's New Horizons for Seniors Program. Free for Miltonvale Park Seniors – By donations for others. Register at [admin@miltonvalepark.com](mailto:admin@miltonvalepark.com).

**Wednesday, July 30 -Zumba Dance Party - 5:30-6:30.** People 14 years old and older are welcome to attend. No experience is needed. Stay tuned for the theme and more details.

**Friday, August 1 - Meet Your Neighbour Night** at the Park -watch for details! [MiltonMVPs@gmail.com](mailto:MiltonMVPs@gmail.com)

**Tuesday, August 5 - 1 p.m. - Zucchini** - Food demonstration and tasting with home economist Margaret Prouse. Funded in part by the Government of Canada's New Horizons for Seniors Program. Free for Miltonvale Park Seniors – By donations for others.

**Wednesday, Aug 6, 2025 at 6 p.m.- (Tentative) Seniors Supper** -hosted by the Milton Community Hall, funded by the Seniors Community Meal Grant. Watch for details.

**Saturday, August 9, 7:30 - An Evening with Elvis**, starring Jonah Anderson, featuring The Fabulous Blue Suedettes (Jennifer Carson and MaryLynn Côté. Tickets are \$30-adults, \$15-children (12 and under). Tickets will be available from the Milton Community Hall. Cash, cheque or e-transfers to [miltoncommunityhall@gmail.com](mailto:miltoncommunityhall@gmail.com).

**Sunday, Aug 10, 2:30 - Roving Picture Shows** presents screenings of silent films with live accompaniment, with Island Jazz. Watch for details.

**Saturday, August 16, 8- 1 p.m. Milton Hall Flea Market.** Tables -\$15. Contact 902-566-3154 or [miltoncommunityhall@gmail.com](mailto:miltoncommunityhall@gmail.com) to reserve a table.

*Rural Municipality of Miltonvale Park*



**Reserve Saturday and Sunday, November 8 & 9** for the annual Milton Community Hall Christmas Craft Fair. Registrations are not yet open.

**COMING EVENTS:** More activities in the Milton Most Valuable People Project are being planned including

- "Meet Your Neighbor at the Park" BBQ or potluck party
- Babysitting course for youth aged 12 and above with KidproofPEI
- A pet photo session with Pawsome Pupcakes
- Magic Ring (Pilates Circle) core activation series
- Brendon and His Friends" spoons concert
- a CTW concert
- TROBING and massage with Sylvie
- Zumba with Natalia
- Knitting with Stella
- Crochet with Connie, and more.

**Miltonvale Park residents** -Are you signing your children up for activities, classes, and lessons? Residents are entitled to \$75/child/year to reimburse costs of extracurricular activities. <https://miltonvalepark.com/for-residents/rebates-forms/>

**Radon** – The municipality is taking part in a 100 Radon Test Kit Challenge Campaign to happen in the fall of 2025, where we will have 100 radon detectors for residents to put in their homes for 100 days and then be sent off for results to be obtained (and emailed directly and confidentially back to residents). This is a FREE program. More information and registration details will follow – but if you want to be sure to get your name on the list, please email [admin@miltonvalepark.com](mailto:admin@miltonvalepark.com).



**FREE Public WI-FI & Little Libraries**



Miltonvale Community Park and Milton Community Hall both offer free public wi-fi and have little libraries. The library at the hall is in the lobby and also has puzzles.

June 2025

[www.miltonvalepark.com](http://www.miltonvalepark.com)



## Food Presentations

Home Economist Margaret Prouse presents a popular series of food presentations, demonstrating of several recipes with samples, as part of the Chat & G.B.T. project.

Registration usually opens about weeks prior to each event, which are free for residents and by donation for others.

Tuesday, September 23 - Potatoes

Tuesday, October 21 - Apples

Tuesday, November 18 - Instapots/Slow Cookers

Tuesday, December 2 -Healthy Snacks

Tuesday, January 20, 2026 - Air Fryers

Tuesday, February 17 - Quick Meals

## Supper Club - What is Supper Club?

Miltonvale Park seniors are invited to participate in casual suppers by volunteering in some way (only if they are able) to help shop, cook, clean up, or plan entertainment (e.g. movie, games, speaker, music...). The most important thing is to come together and enjoy a tasty supper with friends and neighbours. The goal is to feed about 40 Miltonvale Park seniors each meal. Deliveries can also be made to senior shut-ins. Pencil in these dates on your calendar, and register at [admin@miltonvalepark.com](mailto:admin@miltonvalepark.com) or 902-368-3090 (registration opens about 3 weeks before each event). FREE for Miltonvale Park seniors.

Friday, Sept 12

Tuesday, Jan 13

Thursday, Oct 23

Thursday, Feb 12

Thursday, Nov 27

Thursday, Mar 12.

Other Chat & G.B.T. project activities include the purchase of rhythmic gymnastic ribbons for exercise class, and starting a pole walking group, Mi'kmaq basket weaving, an art class, and an improv series and show.

Funded by the  
Government of Canada's  
New Horizons for Seniors Program

Canada



## Miltonvale Park Good Neighbours

This project is also underway, and will include international/diverse movies, a dumpling-making party, two drum circles, a gender diverse trivia night, dream catcher workshop, welcome supper, and a newcomer panel. The municipality has received funding from the Government of Prince Edward Island for these activities.

## MVP Community Garden, Workshops, Boxes and Meals 2025

Miltonvale Park has also received funding though the Island Community Food Security Program for four preserving workshops, items for the garden, two community meals and two food box giveaways. Thanks to the funders: *Sustainable Canadian Agricultural Partnership (SCAP)*, *the Government of Prince Edward Island*, and *the Department of Agriculture and Land (PEI)*. Watch for details on these events.



## Speed Signs

The Municipal Council recently approved the purchase of several new speed sentry signs, with installation planned for the Sleepy Hollow Road and the Colville Road. Please take care on the roads and follow the speed limits.

## Health Care Retention

The Province of PEI recently funded a Health Care Retention project for Miltonvale Park, which included PEI Foods and International Soups presentations with Margaret Prouse, and a vision board art project - *Art for the Health of It* with artist Gloria Wooldridge. Gloria also drew this large piece of art which was coloured by participants and is on display at the hall.

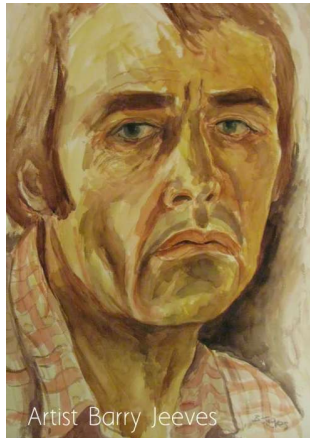


### Milton Community Hall

The Milton Community Hall was built in 1960 and underwent extensive renovations in 2012. It is a well-used facility that is run by a volunteer board, consisting of President Hal Parker, Vice President Pauline Smith, Treasurer Philip Hooper, Secretary Shari MacDonald, Directors - Rosemarie Ramsay, Norm Birt, Pat Cosh, Max Jefferson, James Marjerrison and Ryan Ritskes. The Past-President, Rita Jackson, can also be a member of the Board, if she is available to serve.

### Artist Barry Jeeves

Trilby Jeeves is starting to archive her father’s work and would love to know who owns a Barry Jeeves painting and if she could have a photograph of it. Also, several different businesses display her dad’s work so she would appreciate any tips. She is aware of QEH Unit 7, Stratford Town Hall and Beach Grove Home. Contact Trilby at [trilbyjeeves@gmail.com](mailto:trilbyjeeves@gmail.com).



### Rural Beautification Society Competitions – Community Spirit Award

Miltonvale Park will be trying to win the RBS Community Spirit -People’s Choice Award. The rural municipality with the most votes wins \$1000, so watch for details on the voting process in August. Do you have beautiful photos of Miltonvale Park?

If so, please send them to [admin@miltonvalepark](mailto:admin@miltonvalepark), to be used in our entry. Miltonvale Park is also entering the community vegetable garden competition, and encourages residents to check out their [competition booklet](#) and enter as well.

Some categories include:

- Farm Home Improvement
- Home Improvement
- Heritage Home
- Heritage Community Building
- Commercial Building Improvement
- Homeowner Flower Garden
- Recently Established Flower Garden
- Youth Garden Page
- Window Box and/or Container
- Family Vegetable Garden
- Mailbox/Home Identification
- Tourist Accommodation
- Reuse –Recycle –Repurpose!  
<https://www.peirbs.ca/>

**Thank you** to all those who volunteer within the Miltonvale Park! You help make the community a better place!

If you would like to volunteer at the hall, municipality or garden, contact [admin@miltonvale.park](mailto:admin@miltonvale.park).

